Dr. Rabbit and Friends

Collection of Song Lyrics
Brush ‘Em
from Dr. Rabbit and The Legend of Tooth Kingdom

To help keep your teeth strong and free of cavities
Use your toothbrush and use your head!
Brush with fluoride toothpaste at least twice a day
After breakfast and right before bed.

Br-br-brush ‘em, br-br-brush ‘em.
If you wanna keep ‘em healthy, brush ‘em.

Start in the front, get the middle and way back:
Don’t forget your tongue – it’s a hiding place for plaque!
Regular brushing will keep your breath fresh.
You’ll see by your smile that you’re doin’ your best when you . . .

Brush ‘em, br-br-brush ‘em.
If you wanna keep ‘em healthy, brush ‘em.

When your brush gets shaggy it has to go.
“Can I share it with my friends?” The answer is NO.
To keep your teeth and gums healthy and your smile so bright
Remember what to do after breakfast and at night:

Br-br-brush ‘em, br-br-brush ‘em.
If you wanna keep ‘em healthy, brush ‘em
Br-br-brush ‘em, br-br-brush ‘em.
If you wanna keep ‘em healthy, brush ‘em!
You Can Call Me “Dr. Rabbit”
from The Incredible Ride

I am a special kind of doctor.
Can you guess what I do?
Well, I’ll give you a clue:
I take care of things — it’s true! —
That help you smile . . . and talk . . . and chew.

You can call me Dr. Rabbit —
And by now I’m sure you’ve guessed.
“You’re a dentist!”
I’m the best! Now I have a small request.
May I ask some questions?
“I knew it — it’s a test.”

How many times a day do you brush your teeth?
“Every the morning — and especially at night.”
“I brush once a week — is that all right?”
Oh no, that won’t keep teeth clean and bright!

“But I don’t have all my teeth yet.
Some are in and some are not . . .”
Well, you soon will have a lot,
So just brush the teeth you’ve got.
Brush carefully — don’t miss a spot!

(More ➔)
Do you see your dentist every year?
   “Every year? Oh yes, I do!”
   “Every year — do I see WHO?”
Oh, you’ve lots to learn — but I’ll help you!

Brush your teeth every day, kids.
   And see a dentist every year!
   Start today it’s not too late.
Don’t delay — your teeth can’t wait!
   I want to show you something great.
So let me be your guide on an interesting ride.
   Stay together — here we go!
   You’re in for quite a show!
A Brighter Place
from Dr. Rabbit’s World Tour

When your smile is bright
You’ll feel your spirits soar.
There’s nothing you can’t do —
You’ll wanna brush some more.

Bright smiles will make the world a brighter place!
Bright smiles! So put a smile on your face.
Bright smiles! Bright smiles will make the world
A brighter place!

So remember everything
We’ve learned today.
Limit how often you eat snacks
And keep plaque away.

Bright smiles! Brush at least twice a day!
Use fluoride toothpaste — help prevent tooth decay.
Bright smiles! Bright smiles will make the world
A brighter place!

Bright smiles will make the world
A brighter place!
Bright smiles — so put a smile on your face.
Bright smiles! Bright smiles will make the world
A brighter place!

Bright smiles! Bright smiles will make the world
A brighter place!
Everyone Has a Smile
from The Adventures of Wiggly Tooth

Everyone, everyone, everyone has a smile.
Everyone, everyone, everyone has a smile.
I do, you do, she does, he does —
Everyone has a smile.

Oh, now your teeth are clean and bright
And your smile is out of sight!
Keep on brushing every day
And your smile will stay that way.

Everyone, everyone, everyone has a smile.
Everyone, everyone, everyone has a smile.
When people see you smiling, they start smiling too.
Just remember — smiling is something we all can do!

Everyone, everyone, everyone has a smile . . .
Show those teeth!
Protect Your Teeth
from The Incredible Ride

Protect your teeth,
Protect your teeth.
It’s time to pay attention.
It’s up to you — you’re in control
Of cavity prevention.

Your teeth need help; they’re on your side
So be sure that your toothpaste has fluoride.
And every year, see your dentist too.
It’s a good thing for everyone to do!

Protect your teeth,
Protect your teeth.
It’s time to pay attention.
Brush front and back — attack the plaque
For cavity prevention.

Don’t snack all the time — believe me when I say:
Every snack feeds the plaque and leads to tooth decay.
You’re the boss — be sure to floss!

Protect your teeth
Because it’s true:
They’ll last your whole life through.
Protect your teeth ’cause it’s your smile —
And it looks good on you!
Song of Bright Smiles
from Dr. Rabbit and The Legend of Tooth Kingdom

Your dentist is your partner in oral health.
Take care of your teeth between check-ups yourself!
   After breakfast and before bedtime
Brush at least twice a day and your smile will shine.

Don’t forget the plaque that hides on your tongue
Brushing freshens your breath — it’s great for teeth and gums.
   Brush your teeth all over, ’specially in the back
   And limit the times that you eat a snack.

Fluoride toothpaste will keep your teeth strong.
   Floss once a day, you can’t go wrong!
It will get rid of the plaque that you might miss —
   Have your mom or your dad help you with this.

You’re doing your part against cavities — the brushing’s up to you.
   Now the other thing that you have to do . . .
Is visit the dentist regularly. Visit the dentist regularly.
   Brushing fights plaque and prevents cavities!
   Visit the dentist regularly.
“Brush Your Teeth” Rap  
from The Adventures of Wiggly Tooth

You want to brush your teeth? Well, here we go!  
But there’re a few things that you need to know.  
There’s really nothing to it — I’ll show you how to do it.

You’ve gotta brush gently side to side;  
Be sure to use toothpaste with fluoride.  
Brush the food away and help to fight decay.

So brush ‘em in the front, and brush ‘em in the back —  
‘Cause that’s the only way to attack the plaque.  
Brush everywhere you chew — top, bottom, inside too.

So go around your mouth and get each one.  
And when you’re done, don’t forget to brush your tongue.  
I know it sounds surprising, but that’s what I’m advising.  
Your tongue can use a cleaning — if you get my meaning.

So brush ‘em in the front, and brush ‘em in the back —  
‘Cause that’s the only way to attack the plaque.  
Brush everywhere you chew — top, bottom, inside too.

Now I’ve given you my toothbrushing hints.  
Except for one more thing — don’t forget to rinse!
Plaque Attack
from Dr. Rabbit’s World Tour

Plaque, plaque, plaque, plaque
Plaque, plaque, plaque, plaque

We’re plaque . . . we’re plaque . . .
We’re plaque on the attack!
We’re ucky yucky monsters —
We’re on the cavity track.

We love it when you snack
And eat all through the day!
’Cause the more times you eat
The more chances for decay.

There’s a secret about plaque
That you really need to know:
Starchy foods and sugars
Make plaque grow!

The more times that you snack
The more times we attack
We’re plaque, plaque, plaque, plaque
We’re plaque on the attack!
I Just Lost a Tooth
from The Adventures of Wiggly Tooth

I just lost a tooth —
It fell out today.
But I know I’ll get another one so it’s okay.

When I smile I see this space
In the middle of my face.
But I know I’ll get a new tooth —
A brand new tooth to take its place. Oh!

You are gonna — gonna lose your baby teeth.
It’s strange but true.
But you’ve got new teeth — growing underneath
And they will stay with you.

You are gonna — gonna lose your baby teeth.
It’s strange but true.
But you’ve got new teeth — growing underneath
And they will stay with you.

You are gonna — gonna lose your baby teeth!
Brush At Least Twice a Day

from Dr. Rabbit’s World Tour

“Okay, everyone — let’s brush!”

Brush in the morning and brush at night;
Brush every tooth and brush it right.
If you want to keep plaque away
You’ve got to brush your teeth at least twice a day!

Brush
Brush
At least twice a day!
Brush with fluoride toothpaste and keep plaque away.

Brush every tooth — brush away all the plaque.
Brush your permanent molars that are way in the back.
Brush every surface — but still you’re not done . . .
Until you remember to brush your tongue!

Brush
Brush
Brush your tongue!
Brush your teeth — prevent tooth decay!

Brush
Brush
At least twice a day!
We’re finally on our journey. Listen well to what I say! This is what you need to know to help us save the day: Our mouths contain bacteria . . . and when it meets your food This creates an acid. “That doesn’t sound so good!”

It makes a sticky substance every time you snack. The substance causes cavities — the official name is plaque. And snacking too often creates a plaque attack.

We brush with fluoride toothpaste when it’s plaque we’re up against. It helps to keep your teeth strong — it’s our first defense. Brush at least twice a day to help keep cavities away. The more times you snack — the more plaque can attack.

“So should we snack less?”
Yes! Yes! Yes!
“We can keep teeth healthy?”
That’s what brushing’s for!
And snacking too often creates a plaque attack.
My Teeth
from Colgate Bright Smiles, Bright Futures™

My teeth — they help me smile
When I am feeling fine.
I part my lips so all can see
How healthy teeth can shine.

My teeth — they help me eat
By chomping on my food.
I take a bite — they bite down right.
My food it gets well chewed!

Chorus:
My teeth (my teeth)
My teeth (my teeth)
My teeth are good to me.
My teeth (my teeth)
My teeth (my teeth)
I want the world to see!

My teeth — they help me talk
So I can speak my mind.
My words they steer, to come out clear
So you can hear them fine!

(More ➔)
My Teeth
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My teeth — I care for them;
I brush them every day.
After I eat and before I sleep
I brush the proper way.

(Repeat Chorus)

My teeth — they help me sing,
And help me whistle, too.
I pucker up to show my stuff.
Now hear what teeth can do!

(Whistle verse)

(Repeat Chorus)
Brush brush brush
Brush brush brush your teeth twice a day.
Toothpaste with fluoride helps to fight decay.

All those sweet, sticky foods stick to teeth like glue.
Fresh vegetables and fruits are better snacks for you.

Brush your teeth — c’mon it’s fun . . .
And don’t forget to brush each one.
    Hey!
    Brush brush brush
    Brush brush brush
    Brush brush brush brush brush brush.

Remember that your toothbrush is yours and yours alone.
You don’t need other people’s germs — you’ve got plenty of your own!

Brush brush brush
Brush brush brush
Brush your teeth with care:
On the outside, in the inside, front and back and everywhere.

Brush your teeth — c’mon it’s fun . . .
And remember when you’re done:
    Hey
    Brush brush brush
    Brush brush brush
    Be sure to brush your tongue!
Yes or Si
from Colgate Bright Smiles, Bright Futures™

Yes or no — are your teeth bright?
Yes, my teeth are bright!
Clap your hands if your teeth are bright.
Yes, my teeth are bright!

Si o no — are your teeth clean?
Si — my teeth are clean.
Tap your feet if your teeth are clean.
Si — my teeth are clean.

Yes yes yes (clap your hands) or si si si (tap your feet)!
My teeth are bright and clean.
Yes yes yes (clap your hands) or si si si (tap your feet)!
You know what I mean.

Yes or no — is your smile bright?
Yes, my smile is bright!
Clap your hands if your smile is bright.
Yes, my smile is bright!

Si o no — do you want healthy teeth?
Si — I want healthy teeth!
Tap your feet for healthy teeth
Si, I want healthy teeth!

(More ➔)
Yes or Si
Page 2

Yes yes yes (clap your hands) or si si si (tap your feet)!
My teeth are bright and clean.
Yes yes yes (clap your hands) or si si si (tap your feet)!
You know what I mean.

Yes or no, do you want healthy teeth?
Yes, I want healthy teeth!
Clap your hands for healthy teeth.
Yes, I want healthy teeth!
Teeth Patrol
from Colgate Bright Smiles, Bright Futures™

Join the Teeth Patrol
To protect and guard our teeth.
On the Teeth Patrol
Safety is our goal!

We never chew on hard things like pencils, rocks or ice.
‘Cause chewing down on hard things hurts and isn’t nice.
We always pick our toys up — don’t let them lie about.
‘Cause tripping over toys might knock a tooth right out!

Chorus:
C’mon and join the Teeth Patrol
To protect and guard our teeth.
On the Teeth Patrol
Safety is our goal!

We never push each other no matter what we do —
At the fountain for a drink, or when we tie our shoe.
We always use our seatbelt when riding in a car.
It keeps us snugly seated so we can’t fall too far.

(Repeat Chorus)

Everybody march!
Left, left, left right left!
Left, left, left right left!

We’re careful on the playground . . . watch out for swings and stuff.
We don’t go down the slide head first — never get too rough!

(Repeat Chorus Twice)