



3. WAY IN THE BACK Brush chewing surface of each tooth.



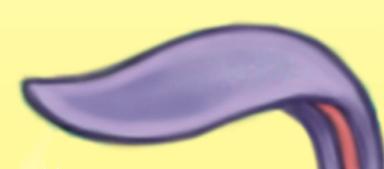
2. INSIDE

Brush inside surface of each tooth, using wiggling technique in Step 1.

4. BEHIND FRONT TEETH Use tip of toothbrush to brush

behind each front tooth, both top and bottom.





5. TONGUE Don't forget to brush your tongue.

Know How To Brush





Tooth Defender Tips

- Brush at least twice a day with fluoride toothpaste!
- Remember to brush all top and bottom teeth!

1. OUTSIDE

Place brush at angle along outer gumline. Wiggle gently back and forth. Repeat for each tooth.