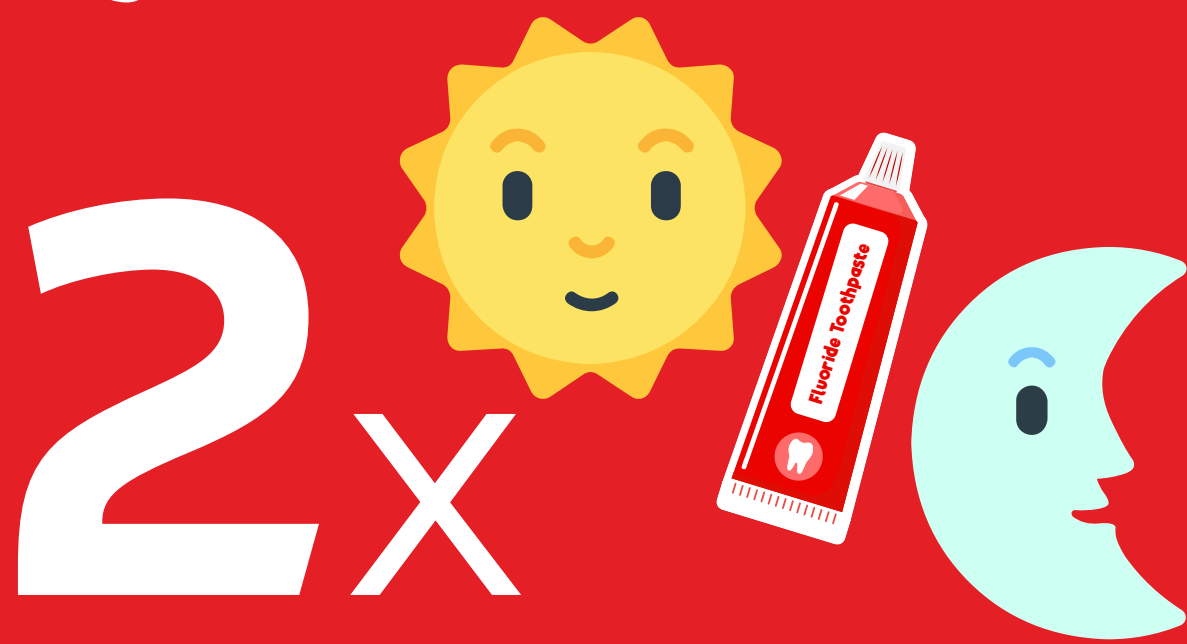
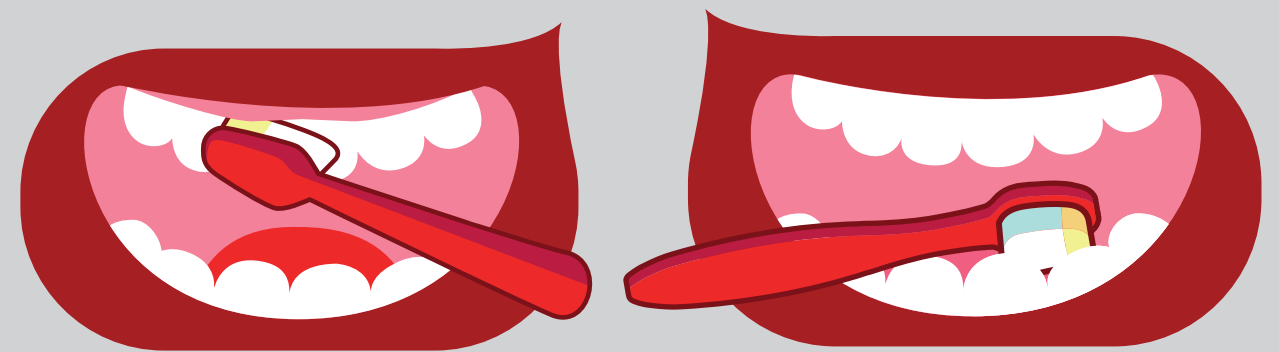


Top tips for a superhero smile!

Brush twice a day with a fluoride toothpaste once at night and at one other time



Make sure to brush the the front, the back and the biting surface, all the way up to the gums!



Limit sugary snacks and drinks



Don't forget to visit your dental professional regularly!



I am
recyclable

