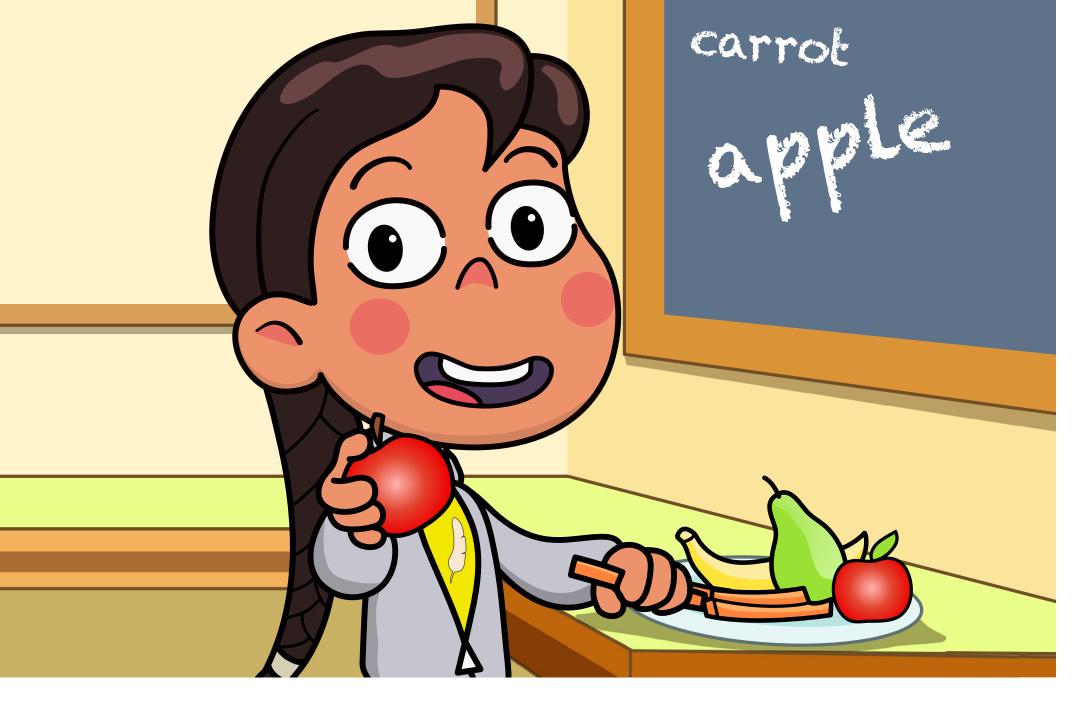




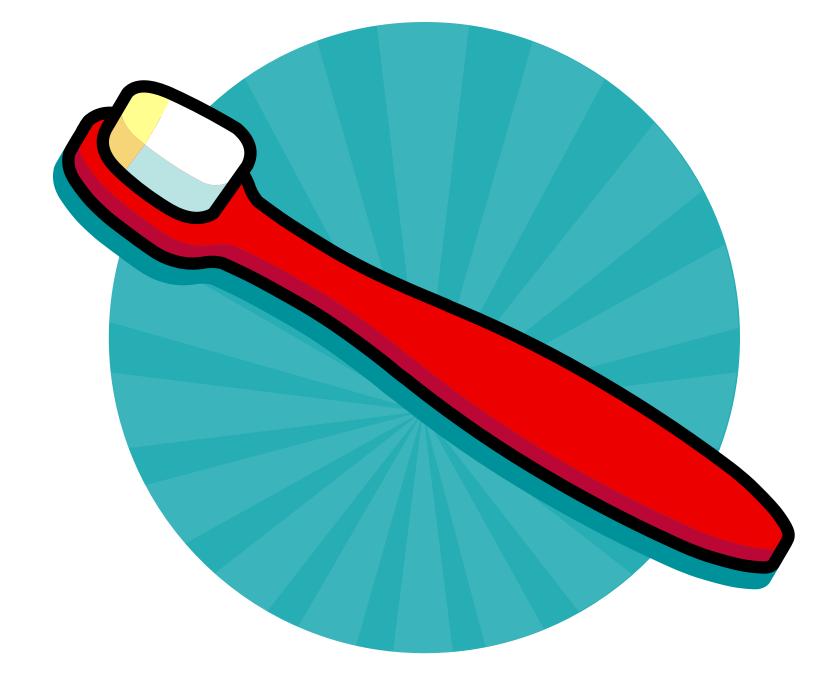
I see my friends' bright smiles.

l see teeth.

2

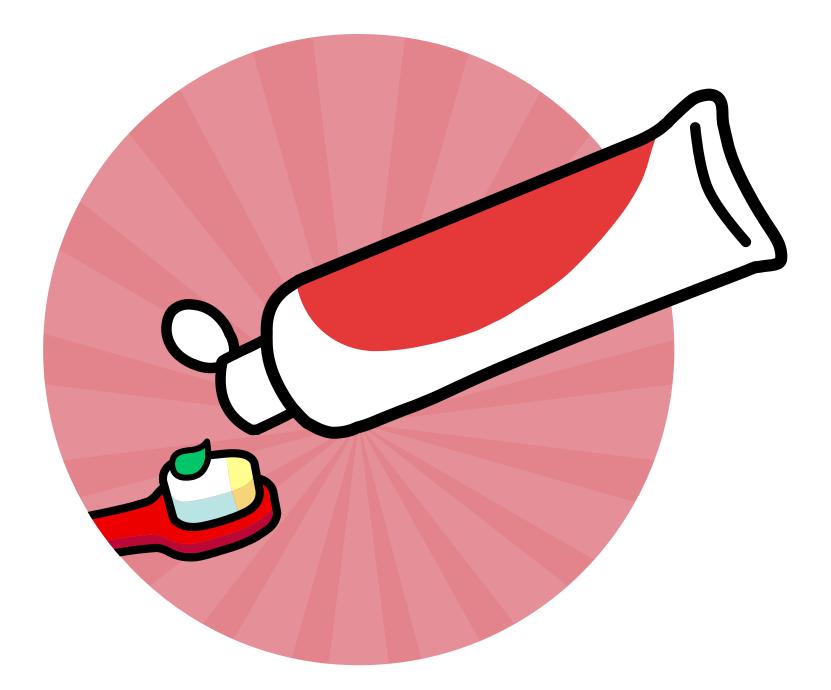


I see healthy snacks.



I see a toothbrush.

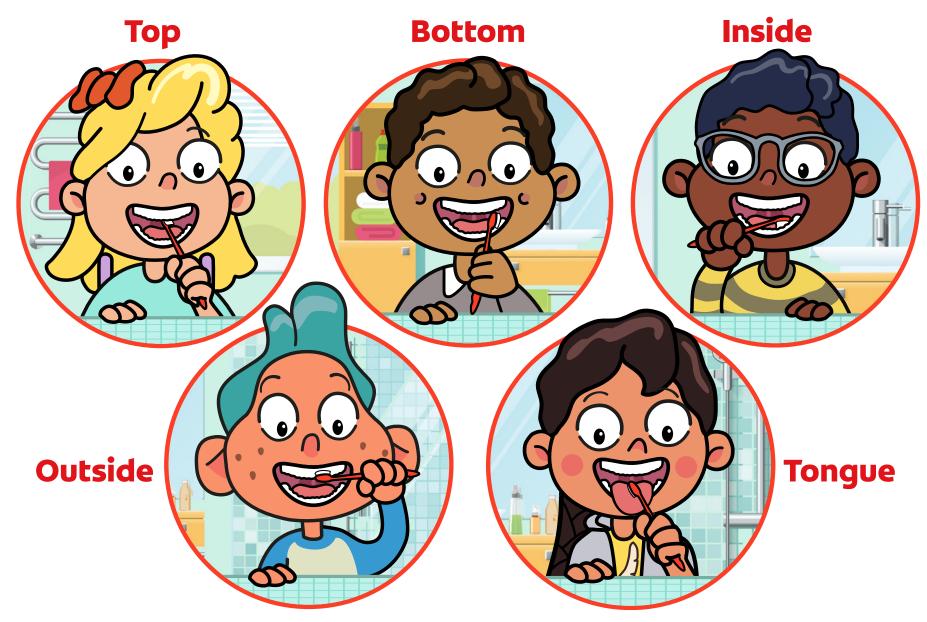
4



I see fluoride toothpaste.



I brush my teeth in the morning and at night.



I brush all my teeth—top, bottom, inside and outside. And always remember my tongue!



I see a dentist.

**7** 



I see a dental chair.

I see my bright smile.

# Tips for Teachers



#### **Emergent Readers**

- Geared toward children aged birth-6 years, getting them ready to read
- Focus is on the skills that children need to develop before they can learn to read
- Children learn that reading reaches far beyond the classroom and reading has many uses



# Repetition

- Reading books multiple times allows kids to gain a better understanding of words
- Repetitive reading helps children with their reading fluency
- Repetitive reading helps build children's comprehension skills
- Repetitive reading builds students confidence



## **Using the Pictures**

- Point out the oral health vocabulary pictures throughout the storybook and emergent reader
- Encourage children to use the pictures to help "retell" the story and reinforce the steps to have a healthy smile.
- Use the morning and night picture on page 6 and connect it to the brushing chart that will be sent home with each student
- Ask children how many times they should brush their teeth each day



## **Tooth Tips**

- To reinforce the brushing steps, visit www.colgatebsbf.com
- Students at this age should make the connection that they are taking care of baby teeth so their adult teeth can be healthy
- Point out that students should use only a pea sized amount of toothpaste
- Bring attention on page 9 to the fact the dentists wear goggles, masks and gloves to keep them healthy and safe