We’ll brush our teeth at least twice a day with fluoride toothpaste — it’s the only way!

We’ll limit our snacks — and floss daily too because fighting plaque is important to do.

For a partner who’ll help us keep our teeth strong, we’ll visit the dentist twice a year our whole life long.

We will make sure our smiles stay bright as we brush every morning . . . and every night.

Name of Organization: ________________________________

Child: ___________________ Date: __________

Leader: ___________________ Date: __________

©2012 Colgate-Palmolive Company. All Rights Reserved. A Global Oral Health Initiative