



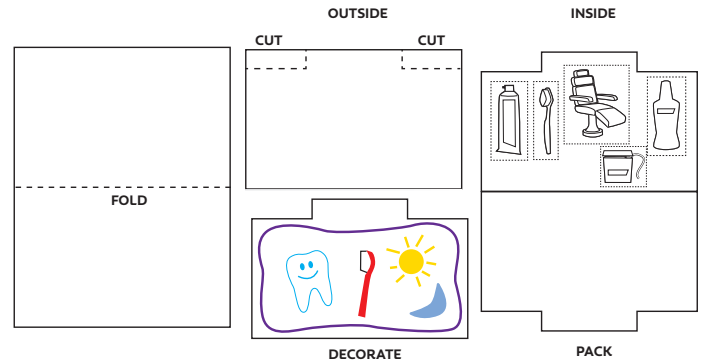
MISSION #3

Bright Smiles Supply Kit

Make your own Bright Smiles Supply Kit, equipped with superhero powers!

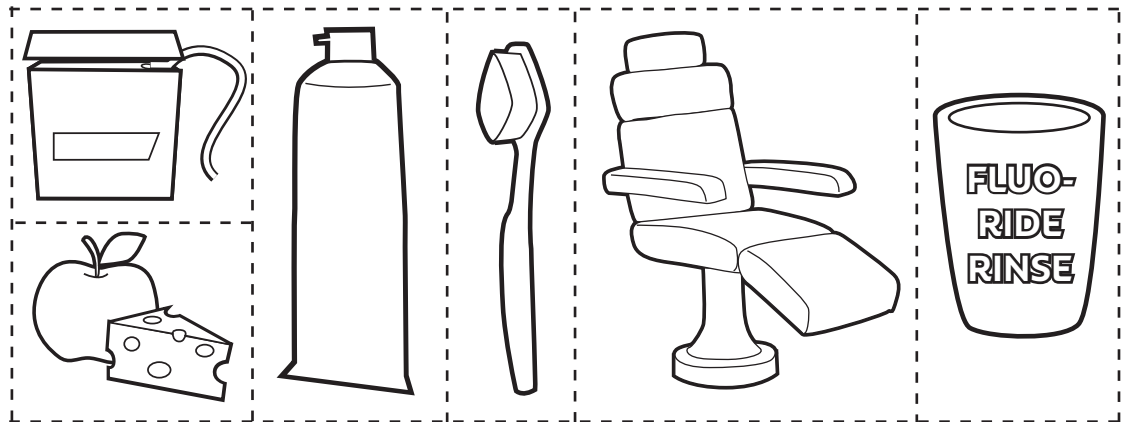
Child's Name _____

1. Fold a blank piece of paper in half – this will be your Bright Smiles Supply Kit.
2. On the outside, label and decorate your kit.
3. Cut out the Tooth Defender Super Powers from this sheet.
4. Color the powers and paste them into your supply kit.
5. Cut out the “How to Use the Powers”. Match them to the correct tool to explain how to use your Super Powers!
6. Take your kit home to share with your family!



Bright Smiles Super Powers

Cut out each “power” and glue it into your Bright Smiles Supply Kit.



How to Use the Powers

Cut out each “power” instruction and glue it into your Bright Smiles Supply Kit.

Fluoride Toothpaste Use a pea-sized amount each time you brush.	Toothbrush Brush thoroughly at least twice a day.	Floss Use this to remove plaque between teeth.	Dental Checkups Visit the dentist regularly.	Fluoride Rinse Rinse after
Limit Snacks Limit the number of times you eat snacks each day, and choose nutritious snacks. They are more tooth-friendly and good for your overall health, too!				